

AARP RESOURCES

- 1) [AARP CA Resources \(COVID-19\)](#)
- 2) [Loneliness and Social Connections: A National Survey of Adults 45 and Older – A Study from AARP Foundation](#)
- 3) [Medicare Costs of Isolation](#)
- 4) [AARP Resources for Isolation and COVID-19: Connect2Affect.org](#) – This platform also provides lists of community assistance programs for medical care, food, and job training
- 5) [AARP Community Connections](#)
- 6) [California For All Resource Card](#) - The card is available digitally to download in English, Spanish, and Chinese
- 7) AARP COVID resources: aarp.org/coronavirus, In Spanish aarp.org/elcoronavirus
- 8) **Weekly Telephone Town Halls:** every Thursday at 10 a.m. Pacific Time. Participate by calling 1-855-274-9507 toll-free, or visit aarp.org/coronavirus
- 9) [SAC COVID-19 Rapid Response Recommendations for Older Adults, People with Disabilities, and Caregivers](#)