

# Friendship Line California



1 (888) 670-1360



**Even in these challenging times,  
friendship is just a phone call away.**

COVID-19 has changed the way all of us in California connect. Especially the large number of seniors who have found themselves isolated and alone due to the virus. For over forty-five years, the Institute on Aging's Friendship Line has been a vital lifeline for people aged 60 years and older and adults living with disabilities to connect with a caring, compassionate voice ready to listen and provide emotional support. As the nation's only accredited 24 hour hotline, the need for this service has grown exponentially with the arrival of COVID-19 and the host of emotional well-being issues social isolation can bring. Now, thanks to additional funding from The California Department of Aging, we can meet this growing need for Californian seniors and adults with disabilities. Inbound and outbound calls are available now; help us help those who need it - please share with your referral sources and others.

**If you know a senior who needs emotional support,  
refer them to the Friendship Line 888.670.1390.**

**We're ready to listen 24/7.**